

Girls Night Out Pajama Spa Night

Come hang with Glitzy Girlz and have a night of pampering and fun! Come to class dressed in your favorite P.J's. We will be soaking up relaxation with facials, pedicures, and manicures. Our avocado/banana masks will moisturize while we design a crystal charm bracelet. Our feet will tingle with our pedicure process and hands will look freshly manicured. Our awesome nail/toe polish application is complete with nail designs and rhinestones. Each girl will get a take home spa bag filled with goodies like scented lotion, foot/nail brushes, jewelry, and more.

Age: 5 - 11 years Min/Max: 7/40
 Date: June 7
 Instructor: Glitzy Girlz Staff
 Location: Community Center, Room 2A
 Prog # Day Time Fee
 6407-1 Thur 6:00-7:30 pm \$32 R/\$48 NR

Coupon Like A Rockstar

If you need a new way to save money, this class is for you. This workshop will teach you the tips and tricks couponers use to score groceries and household items at a 60-80% savings or more! There's no need to spend hours a week clipping coupons anymore. This class will teach you everything you need to know to save you time and money where it really matters.

Age: HS/Adult Min/Max: 8/15
 Date: April 21
 Instructor: Roxanne Chiluk
 Location: Community Center, Room 1F
 Prog # Day Time Fee
 6405-1 Sat 1:00-3:00 pm \$24 R/\$36 NR

Beer, Chocolate, and Cheese Pairing

Take beer to a whole new level with pairings. In this class, you will taste different beers along with specifically paired chocolates and cheeses. In addition, you will learn how to find the unique flavors that different beers can have when paired with food.

Age: Adult (must be at least 21 years)
 Date: March 9
 Instructor: David Kelley
 Location: Falcon Park Recreation Center, Prairie Hawk Room
 Min/Max: 15/35
 Prog # Day Time Fee
 2415-4 Fri 7:30-9:30 pm \$15 R/\$23 NR

Intro to Home Brewing

Make excellent craft beer at home! With this class you will learn about everything needed to create your own brewery-quality beer at home. We will prepare a standard 5 gallon batch of beer from fresh hops, yeast, water, extract, and grain. The necessary steps will be demonstrated, including choosing a recipe and equipment, proper sanitation, boiling and chilling, fermentation practices, and bottling techniques.

Age: Adult (must be at least 21 years)
 Date: April 20
 Instructor: David Kelley
 Location: Falcon Park Recreation Center, Prairie Hawk Room
 Min/Max: 15/35
 Prog # Day Time Fee
 2404-1 Fri 7:30-9:30 pm \$15 R/\$23 NR

Glitzy Girlz Glam **NEW!**

An Evening with Mom

Come join Glitzy Girlz for a special evening with mom full of glam and glitz. This is a workshop class with stations: Glam (hair, makeup, nails), Crafts (personalization, stamps, paints, and embellishments), Jewelry (beautiful crystals, silver beads, pattern beads, and charms), and Pastry Decorating. Each couple will work as a team to do all the stations together and make memories. Our class ends with a red carpet fashion show of couples. Bring your camera and Glitzy Girls staff will take photos. www.glitzygirlz.com

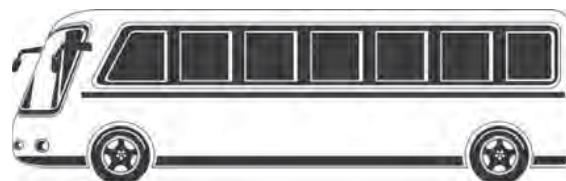
Age: 3 - 10 years
 Date: May 17
 Instructor: Glitzy Girlz Staff
 Location: Community Center, Room 2A
 Min: 7 couples
 Prog # Day Time Fee
 6409-1 Thur 6:00-7:15 pm \$32 R/\$48 NR

Looking Your Best!

Share the color enthusiasm with someone special at the Looking Your Best pair experience. Participants will discover the hidden meaning behind color psychology that helps one look good, feel good, and smile their loveliest. The "power of color" also helps with communication and personality characteristics. Each participant will be color analyzed, receive personal suggestion color palette, swatch booklet of information, and wardrobe suggestions.

Age: HS/Adult
 Date: April 17
 Instructor: Gloria Currins
 Location: Community Center, Room 1F
 Min/Max: 3/8
 Prog # Day Time Fee*
 6408-1 Tue 7:00-9:00 pm \$45 R/\$68 NR

*Fee is per person



TRIPS

Jersey Boys Trip

Join us for one of Broadway's most exciting musicals in years. This Tony award winning musical of 2006 takes you up the charts, across the country and behind the music of Frankie Valli and the Four Seasons. The bus will depart the Community Center to allow plenty of time for lunch on your own in Chicago. Register by March 1 to avoid trip cancellation.

Age: All ages (17 and under must be accompanied by an adult)
 Date: April 25
 Location: Bank of America Theatre, Chicago
 Min/Max: 24/44
 Prog # Day Time Fee*
 6601-4 Wed 10:00 am-6:30 pm \$60 R/\$90 NR

*Fee includes transportation and show ticket. Seats are located in the balcony section of the theatre.

All classes will be instructed by Ann Kagan and held at Whole Foods Market Palatine, 1331 N. Rand Road, Palatine.

National Noodle Month **NEW!**

A whole month devoted to one of the perfect foods! We will be making noodle recipes of all different shapes and origins. So if you can't get enough noodles come for oodles of noodles in this class.

Age:	8 - 13 years	Min/Max:	1/5
Date:	March 6		
Prog #	Day	Time	Fee
2411-4	Tue	4:30-6:30 pm	\$27 per child

St. Patrick's Day **NEW!**

We will be making Irish and green inspired recipes for our young chefs in this cooking class before the big Green weekend.

Age:	5 - 8 years	Min/Max:	1/5
Date:	March 15		
Prog #	Day	Time	Fee
2410-4	Thur	4:30-6:00 pm	\$27 per child

Spring Time Cooking Series **NEW!**

Do your kids watch cooking shows on TV? Get them off the couch and into our culinary center. We will be learning everything from healthy eating, smart grocery shopping, meal planning, and of course actual cooking. Junior chefs will be mixing, chopping, baking, and cooking up a variety of recipes using seasonal fresh ingredients. Recipes will range from savory dishes to sweet desserts including the very popular cake pop! Aprons included.

Age:	9 - 14 years	Min/Max:	1/5
Dates:	April 12 - May 17 (6 weeks)		
Prog #	Day	Time	Fee
2400-1	Thur	4:30-6:30 pm	\$160 per child

Mother's Day Brunch **NEW!**

Tween chefs can come get some ideas to make a fantastic brunch for moms and give her a day off from cooking on her special day.

Age:	12 - 14 years	Min/Max:	1/5
Date:	May 8		
Prog #	Day	Time	Fee
2401-1	Tue	4:30-6:30 pm	\$27 per child

National Chocolate Chip Day **NEW!**

Celebrate the chip! We will be making recipes that go beyond just your regular chocolate chip cookie.

Age:	8 - 10 years	Min/Max:	1/5
Date:	May 15		
Prog #	Day	Time	Fee
2402-1	Tue	4:30-6:30 pm	\$27 per child

International Treats **NEW!**

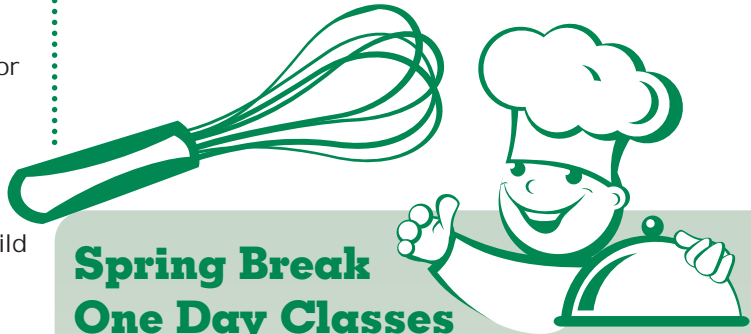
Have a sweet craving? How about satisfying it with global flavors? We will be introducing our junior chefs to desserts from around the world. Recipes include: Tiramisu, Mexican Tea Cookies, Stir-fried Tropical Fruit with ice cream. Recipes and cooking tips provided.

Age:	8 - 13 years	Min/Max:	1/5
Date:	May 22		
Prog #	Day	Time	Fee
2403-1	Tue	4:30-6:30 pm	\$27 per child

Kids Sushi 101

Sushi, the original Japanese fast food, is not just found at your local sushi bar, or *sushi-ya*. Become your own *itamae*, or sushi master, in this fun hands-on class. You will learn about the history of sushi, go over sushi jargon and etiquette and how to select your ingredients. Chef Ann will show you how to make *maki*, or rolls, and *nigiri*, little ovals of rice with fish or vegetables on top and then you'll jump in and make your own with a selection of fresh cooked seafood and vegetables.

Age:	9 - 13 years	Min/Max:	5/10
Date:	April 10		
Prog #	Day	Time	Fee
2405-1	Tue	4:30-6:30 pm	\$27 per child



Spring Break One Day Classes

Location:	Whole Foods Market Palatine 1331 N. Rand Road, Palatine
Min/Max:	1/5

Junior Chefs **NEW!**

Your half pint chefs will be preparing recipes alongside Whole Foods Market chefs in our culinary center. Menu will feature no cook favorites. Your young chefs will be able to come home and recreate the recipes in your kitchens. Foods packaged to take home. Recipes included.

Age:	6 - 8 years		
Date:	March 26		
Prog #	Day	Time	Fee
2412-4	Mon	10:30 am-12:00 pm	\$27 per child

Sous Chefs **NEW!**

For our intermediate chefs who already have some cooking under their belt we offer this intro to the basics of cooking. This hands-on class will include chopping, mixing, and cooking. Foods packaged to take home. Recipes included.

Age:	9 - 12 years		
Date:	March 27		
Prog #	Day	Time	Fee
2413-4	Tue	10:30 am-12:30 pm	\$27 per child

Gourmet Chefs **NEW!**

For our experienced chefs we will be turning up the heat as we compete in friendly competition of two culinary teams. Recipes and time limit to complete dishes will be given. Food packaged to take home. Recipes included.

Age:	13 - 16 years		
Date:	March 30		
Prog #	Day	Time	Fee
2414-4	Fri	10:30 am-12:30 pm	\$27 per child