

Youth Karate/Safety

Karate skills put children in touch with their bodies and help build coordination, agility, strength, and poise. Personal safety skills are also taught in a well supervised setting. Karate skills release tension brought on by school and peers. The confidence gained through karate helps foster a strong positive self image. The mental aspect involved in karate builds self-confidence, control, and discipline. The physical aspect of this program is both enjoyable and beneficial. Karate can improve your child's sports, school, and social activities. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, former U.S. Karate National Coach, and National Faculty Member of ACEP (American Coaching Effectiveness Program).

Location: Birchwood Gym

Min/Max: 1/25

Dates: April 3 - June 5 (10 weeks)

Age: 7 - 14 years (Beginning/Continuing)
white belts

Prog #	Day	Time	Fee
4200-1	Tue	4:00-5:00 pm	\$88 R/\$132 NR

Age: 7 - 14 years (Novice)
red - blue belts

Prog #	Day	Time	Fee
4201-1	Tue	5:00-6:00 pm	\$88 R/\$132 NR

Age: 7 - 14 years (Intermediate)
green & purple belts

Prog #	Day	Time	Fee
4202-1	Tue	5:00-6:00 pm	\$88 R/\$132 NR

Dates: April 4 - June 6 (10 weeks)

Age: 8 - 14 years (Beginning/Continuing)
white - red belts

Prog #	Day	Time	Fee
4203-1	Wed	5:00-6:00 pm	\$88 R/\$132 NR

Age: 6 - 14 years (Intermediate/Advanced)
orange belt & up/Instructor Permission

Prog #	Day	Time	Fee
4204-1	Wed	5:00-6:00 pm	\$88 R/\$132 NR

Location: Frontier Park

1933 N. Kennicott, Arlington Heights

Min/Max: 1/10

Dates: April 5 - June 14 (11 weeks)

Age: 7 - 14 years (Beginning/Continuing)
white - red belts

Prog #	Day	Time	Fee
4205-1	Thur	4:00-4:55 pm	\$96 R/\$144 NR

Age: 7 - 14 years (Novice)
orange - blue belts

Prog #	Day	Time	Fee
4206-1	Thur	5:00-5:55 pm	\$96 R/\$144 NR

Age: 7 - 14 years (Intermediate/Advanced)
green - black belts

Prog #	Day	Time	Fee
4207-1	Thur	6:00-7:25 pm	\$129 R/\$194 NR



Location: ISKC DOJO

327 N. Eric Drive, Palatine

Min/Max: 1/15

Dates: April 7 - June 9 (10 weeks)

Age: 7 - 14 years (Beginning/Continuing)
white belts

Prog #	Day	Time	Fee
4208-1	Sat	10:00-11:00 am	\$88 R/\$132 NR

Age: 7 - 14 years (Novice)
white w/stripes - orange belts

Prog #	Day	Time	Fee
4209-1	Sat	11:10 am-12:10 pm	\$88 R/\$132 NR

Age: 7 - 14 years (Intermediate)
yellow - green belts

Prog #	Day	Time	Fee
4210-1	Sat	12:20-1:20 pm	\$88 R/\$132 NR

Age: 7 - 14 years (Advanced)
purple - black belts

Prog #	Day	Time	Fee
4211-1	Sat	1:30-2:30 pm	\$88 R/\$132 NR

Dates: April 3 - June 5 (10 weeks)

Age: 7 - 17 years (Advanced)
brown - black belts

Prog #	Day	Time	Fee
4212-1	Tue	6:30-7:45 pm	\$105 R/\$158 NR

Adult Karate

This program offers a variety of benefits for participants. For the business person, the program is ideal for releasing tension and developing cardiovascular fitness. The self-defense skills learned through karate are invaluable if ever confronted with a dangerous situation that may involve you or a loved one. The class is recommended for the single parent wishing to protect himself/herself and family. Karate skills can be applied in any situation where a weapon may be taken and used against its owner. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, former U.S. Karate National Coach, and National Faculty Member of ACEP (American Coaching Effectiveness Program).

Dates: April 5 - June 14 (11 weeks)

Location: Frontier Park
1933 N. Kennicott, Arlington Heights

Min/Max: 1/10

Age: HS/Adult (Beginning/Novice)
white - green belts

Prog #	Day	Time	Fee
4223-1	Thur	7:30-8:30 pm	\$96 R/\$144 NR

Age: HS/Adult (Intermediate/Advanced)
purple - black belts

Prog #	Day	Time	Fee
4224-1	Thur	8:35-10:00 pm	\$129 R/\$194 NR

DON'T WAIT to register!

If a program does not reach its minimum 7 days prior to the starting date of class, it may be cancelled.

Budo Aikijutsu

This class provides training in:

- Aikido (control and redirection of attack)
- Karate (blocks, kicks, and punches)
- Judo (sweep & throws)
- Jujitsu (joint twisting & nerve centers)

Self-defense training that covers a wide variety of unarmed and armed attack simulations with emphasis on controlling the attacker, self-defense options, and prevention and awareness pointers. Defenses are based upon the principles of physics which allow a smaller and weaker person to overcome a larger and stronger attacker. No special athletic ability required. One beginning class is required before enrolling in the advanced class. Credit for training in comparable martial arts is given with instructor's consent.

SESSION I

Location: Community Center, Room 1E
Min/Max: 1/40

Dates: April 4 - May 4 (5 weeks)

Age: 7 - 14 years (Wednesday & Friday)
Level: Beginning
Prog # Day Time Fee*
4230-1 Wed 5:45-6:30 pm \$43 R/\$65 NR
Fri 7:30-8:15 pm

Level: Advanced
Prog # Day Time Fee
4231-1 Wed 5:00-5:45 pm \$41 R/\$62 NR
Fri 6:45-7:30 pm

Age: HS/Adult
Level: Beginning
Prog # Day Time Fee*
4232-1 Wed 7:30-8:30 pm \$43 R/\$65 NR
Fri 7:30-8:30 pm

Level: Advanced
Prog # Day Time Fee
4233-1 Wed 6:30-8:00 pm \$41 R/\$62 NR
Fri 8:00-9:30 pm

Dates: April 4 - May 2 (5 weeks)
Age: 7 - 14 years (Wednesday only)
Instructor: C. Ballian

Level: Beginning
Prog # Day Time Fee*
4234-1 Wed 5:45-6:30 pm \$33 R/\$50 NR

Level: Advanced
Prog # Day Time Fee
4235-1 Wed 5:00-5:45 pm \$31 R/\$47 NR

Age: HS/Adult
Instructor: R. Huebner, G. Hoffman, W. Baker

Level: Beginning
Prog # Day Time Fee*
4236-1 Wed 7:30-8:30 pm \$33 R/\$50 NR

Level: Advanced
Prog # Day Time Fee
4237-1 Wed 6:30-8:00 pm \$31 R/\$47 NR

*Free uniform in Advanced class after promotion to yellow belt.

Dates: April 6 - May 4 (5 weeks)
Instructor: G. Hoffman, M. Matsumoto

Age: 7 - 14 years (Friday only)
Level: Beginning
Prog # Day Time Fee*
4238-1 Fri 7:30-8:15 pm \$33 R/\$50 NR

Level: Advanced
Prog # Day Time Fee
4239-1 Fri 6:45-7:30 pm \$31 R/\$47 NR

Age: HS/Adult
Level: Beginning
Prog # Day Time Fee*
4240-1 Fri 7:30-8:30 pm \$33 R/\$50 NR

Level: Advanced
Prog # Day Time Fee
4241-1 Fri 8:00-9:30 pm \$31 R/\$47 NR

SESSION II

Location: Community Center, Room 1E
Min/Max: 1/40

Dates: May 9 - June 8 (5 weeks)

Age: 7 - 14 years (Wednesday & Friday)
Level: Beginning
Prog # Day Time Fee*
4242-1 Wed 5:45-6:30 pm \$43 R/\$65 NR
Fri 7:30-8:15 pm

Level: Advanced
Prog # Day Time Fee
4243-1 Wed 5:00-5:45 pm \$41 R/\$62 NR
Fri 6:45-7:30 pm

Age: HS/Adult
Level: Beginning
Prog # Day Time Fee*
4244-1 Wed 7:30-8:30 pm \$43 R/\$65 NR
Fri 7:30-8:30 pm

Level: Advanced
Prog # Day Time Fee
4245-1 Wed 6:30-8:00 pm \$41 R/\$62 NR
Fri 8:00-9:30 pm

Dates: May 9 - June 6 (5 weeks)

Age: 7 - 14 years (Wednesday only)
Instructor: C. Ballian

Level: Beginning
Prog # Day Time Fee*
4246-1 Wed 5:45-6:30 pm \$33 R/\$50 NR

Level: Advanced
Prog # Day Time Fee
4247-1 Wed 5:00-5:45 pm \$31 R/\$47 NR

Age: HS/Adult
Instructor: R. Huebner, G. Hoffman, W. Baker

Level: Beginning
Prog # Day Time Fee*
4248-1 Wed 7:30-8:30 pm \$33 R/\$50 NR

Level: Advanced
Prog # Day Time Fee
4249-1 Wed 6:30-8:00 pm \$31 R/\$47 NR

Budo Aikijutsu

SESSION II

Dates: May 11 - June 8 (5 weeks)
Instructor: G. Hoffman, M. Matsumoto
Location: Community Center, Room 1E
Min/Max: 1/40

Age: 7 - 14 years (Friday only)
Level: Beginning Youth
Prog # Day Time Fee*
4252-1 Fri 7:30-8:15 pm \$33 R/\$50 NR

Level: Advanced Youth
Prog # Day Time Fee
4253-1 Fri 6:45-7:30 pm \$31 R/\$47 NR

Age: HS/Adult
Level: Beginning
Prog # Day Time Fee*
4254-1 Fri 7:30-8:30 pm \$33 R/\$50 NR

Level: Advanced
Prog # Day Time Fee*
4255-1 Fri 8:00-9:30 pm \$31 R/\$47 NR

*Free uniform in Advanced class after promotion to yellow belt.



Budo Aikijutsu for Preschoolers

This class is designed to make every preschooler feel successful while helping improve their attention span, memory, socialization skills, and other life skills such as courtesy, respect, and confidence. The physical skills taught during the class will enhance balance, flexibility, and coordination. In addition, they will learn about stranger danger, 911, fire safety, and bully awareness. Parents are welcome to stay. A parent will be required to stay if their child is not potty trained.

Age: 3 - 6 years Min/Max: 1/40
Level: Preschoolers
Instructor: C. Ballian
Location: Community Center, Room 1E

Dates: April 4 - May 2 (5 weeks)
Prog # Day Time Fee*
4256-1 Wed 4:15-5:00 pm \$39 R/\$59 NR

Dates: May 9 - June 6 (5 weeks)
Prog # Day Time Fee*
4257-1 Wed 4:15-5:00 pm \$39 R/\$59 NR

*A uniform can be earned by continuing students demonstrating the safety and skill requirements.

Con preguntas de los programas del Park District, llame 847-202-5111 y alguien devolverá su llamada dentro de 24 horas.

Martial Arts & Tae Kwon Do Family Class

This course is for beginners through advanced students. You can receive the benefits of fun, exciting, and challenging classes in the most popular martial art in America. You will learn and develop flexibility, strength, and overall health. You will be trained in basics, self-defense, sparring, and much more. As a first time student, you will receive your first test and uniform for FREE. If you have any questions, please call Master Wood at 847-705-8714.

Age: 6 years & over (Family Class)
Dates: March 26 - May 21 (9 weeks)
Instructor: Master J.P. Wood/Johnna Brant
Location: J.P. Wood Martial Arts America
249 E. Northwest Highway
Min/Max: 1/18
Prog # Day Time Fee*
4258-1 Mon 6:00-7:00 pm \$99 R/\$149 NR

*Fee is per person.

Samuranc Sword Training Family Class

Learn this awesome sword martial art from Master John P. Wood, chairman of the World Koryo Gumdo Association. Classes include instruction in the basics of sword training and fundamental cutting skills, fencing, self-defense, and much more. Come join us in this exciting art! As a first time student, you will receive your uniform and first test for FREE. A wooden training sword is required and can be purchased at J.P. Wood Martial Arts America for \$16.

Age: 8 years & over
Dates: April 4 - June 6 (10 weeks)
Instructor: Master J.P. Wood
Location: J.P. Wood Martial Arts America
249 E. Northwest Highway
Min/Max: 1/18
Prog # Day Time Fee*
4225-1 Wed 7:00-8:00 pm \$109 R/\$164 NR

*Fee is per person.

Youth Brazilian Jiu Jitsu

Brazilian Jiu Jitsu is a martial art specifically designed to teach children how to develop genuine self-defense skills. The techniques taught do not require strength, speed or size. Brazilian Jiu Jitsu techniques involve leverage, balance, and coordination. Students will learn offensive and defensive submissions, positions, and escapes from their feet and most importantly, on the ground. Brazilian Jiu Jitsu will help the children build the same mental and physical skills that made him one of the worlds best Brazilian Jiu Jitsu practitioners. At Flo, we train children to increase confidence and to have a healthy expression of energy.

Age: 7 - 12 years
Dates: April 2 - June 7 (10 weeks)
Instructor: Chris Garcia
Location: Flo Mixed Martial Arts
709 S. Vermont Street, Palatine
Min/Max: 1/15
Prog # Day Time Fee
4229-1 M-Th 4:45-5:30 pm \$99 R/\$149 NR

Parent/Child Karate

This program is an excellent opportunity to share quality time with your children while developing muscle tone, coordination, cardiovascular fitness, and karate skills.

Location: Frontier Park
1933 N. Kennicott, Arlington Heights

Age: 7 - 14 years & adult Min/Max: 1/10
Dates: April 5 - June 14 (11 weeks)

Level: Beginning/Continuing (white - red belts)
no experience necessary

Prog #	Day	Time	Fee*
4213-1	Thur	4:00-4:55 pm	\$96 R/\$144 NR

Level:	Prog #	Day	Time	Fee*
Novice (orange - blue belts)	4214-1	Thur	5:00-5:55 pm	\$96 R/\$144 NR

Level:	Prog #	Day	Time	Fee*
Intermediate/Advanced (green - black belts)	4215-1	Thur	6:00-7:25 pm	\$129 R/\$193 NR

Location: ISKC DOJO
327 N. Eric Drive, Palatine

Age: 7 - 14 years & adult Min/Max: 1/6
Dates: April 7 - June 9 (10 weeks)

Level:	Prog #	Day	Time	Fee*
Beginning/Continuing (white belts only)	4216-1	Sat	10:00-11:00 am	\$88 R/\$132 NR

Level:	Prog #	Day	Time	Fee*
Novice (white with stripes - orange belts)	4217-1	Sat	11:10 am-12:10 pm	\$88 R/\$132 NR

Level:	Prog #	Day	Time	Fee*
Intermediate (yellow - green belts)	4218-1	Sat	12:20-1:20 pm	\$88 R/\$132 NR

Level:	Prog #	Day	Time	Fee*
Advanced (purple - black belts)	4219-1	Sat	1:30-2:30 pm	\$88 R/\$132 NR

*Note: Fees are per person.

Instructional Fishing Class

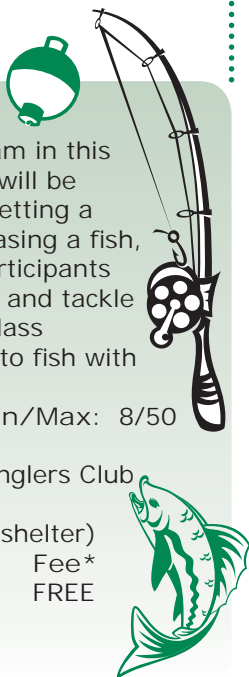
Join the Illinois Urban Fishing Program in this fishing education class. Participants will be instructed in the proper method of setting a hook, reeling in a fish, properly releasing a fish, and a wide range of other topics. Participants need to bring their own rod and reel and tackle but bait will be provided. After the class participants will get the opportunity to fish with the help from the instructor.

Age: All Ages Min/Max: 8/50
Date: May 11

Instructor: West Suburban Bass Anglers Club
Location: Plum Grove Reservoir
(meet under the small shelter)

Prog #	Day	Time	Fee*
4576-3	Fri	5:30-7:30 pm	FREE

*Pre-registration is required.



Pre-Karate/Safety

Through a variety of fun and creative activities, young children develop coordination, strength, and personal safety skills in a well supervised setting. This program will give your child the lead he/she needs in developing memory and agility skills necessary to be successful in school and other sports. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, former U.S. Karate National Coach, and National Faculty Member of ACEP (American Coaching Effectiveness Program).

Dates: April 4 - June 6 (10 weeks)
Location: Birchwood Gym
Min/Max: 1/25

Age:	Prog #	Day	Time	Fee
4 - 7 years (Beginning) no experience necessary	4220-1	Wed	4:00-4:45 pm	\$88 R/\$132 NR

Age:	Prog #	Day	Time	Fee
4 - 7 years (Continuing/Novice) 1 or more prior session	4221-1	Wed	4:00-4:45 pm	\$88 R/\$132 NR

Dates: April 7 - June 9 (10 weeks)
Location: ISKC DOJO
327 N. Eric Drive, Palatine

Age:	Min/Max:	Prog #	Day	Time	Fee
4 - 7 years (Beginning/Continuing) white belts	1/25	4222-1	Sat	9:00-9:45 am	\$88 R/\$132 NR

Note: New students will not be permitted to register into the current session after the second class has met. Registration for Continuing through Advanced students will be accepted after the start date, but full class fee will be required. Special Note: Uniforms and Belt Testing are options available through the ISKC instructor.

Boxing/Cardio-Boxing

Boxing can be an excellent source of conditioning and a terrific way to satisfy the basic human need of recognition in a positive manner. Beginning stages will cover punching, defensive and offensive fundamentals, endurance exercises, sheer power exercises, knowledge of space perception, sparring, shadow-boxing, and heavy bag. Extensive warm up and cool down exercises are always done in the beginning and at the end of each class session.

Age: 15 years & over
Dates: April 9 - June 4 (8 weeks)
no class 5/28

Instructor: Alex Stepul
Location: My Kempo Martial Arts Studio
786 S. Buffalo Grove Road, Buffalo Grove

Min/Max:	Prog #	Day	Time	Fee
5/25	4226-1	Mon	6:00-7:00 pm	\$88 R/\$132 NR
	4227-1	Thur	6:00-7:00 pm	\$88 R/\$132 NR
	4228-1	M/Th	6:00-7:00 pm	\$149 R/\$224 NR

Kinder Soccer League

This league will emphasize the fundamentals of soccer, sportsmanship, and teamwork. Children will be placed on teams and teams will practice one evening a week for one hour. Practice days and times will be determined once teams are formed. Games will be played on Sunday at 12:00 pm, 1:00 pm, or 2:00 pm. Shin guards are required.

Age: Kindergarten
 Dates: April 15 - June 10
no soccer 5/13, 5/27
 Location: Falcon Park Recreation Center Turf
 Min/Max: 40/80
 Fee: \$80 R/120 NR
 Prog # Day Game Times
 5200-4 Sun 12:00 pm, 1:00 pm or 2:00 pm



Palatine Youth Lacrosse Club (PYLC)

PYLC teams will participate in the Northwest Chicago Youth Lacrosse Federation Travel League. This league provides a fun and exciting playing environment for everyone from the beginner to the elite lacrosse player. Teams will be grouped by grade and ability level. Tryouts required for upper level teams. Program emphasis will be on skill development, teamwork, and sportsmanship. All programs are ideal for beginning and experienced players. All players receive custom PYLC team jersey and team shorts.

Note: All players must rent/purchase all equipment prior to the first practice. For a list of required equipment and lacrosse retailers, please visit www.lacrosseamerica.com/equipemnt.

For all league information including dates, times, locations, and equipment, please visit your town's web page at www.lacrosseamerica.com/pylc.

Football Camp 3rd-8th Grades

Campers will develop skills necessary to play the game of football. Participants will be split into appropriate age groups and will work with PHS coaches on different skills and fundamentals of the game. First day, campers will meet inside the gym. During inclement weather, camp will be held in the gym.

Age: 3rd- 8th grades Min/Max: 15/75
 Dates: May 14 - May 18 (1 week)
 Instructors: Tyler Donnelly, head football coach & assistants at Palatine High School
 Location: Palatine High School
 Prog # Day Time Fee
 4145-1 M-F 3:45-5:15 pm \$50 R/\$75 NR

Youth Pee Wee Flag Football League

Our program emphasizes the fundamentals of flag football, sportsmanship, and teamwork while having fun through league play. Each team is allotted two practices per week at Falcon Park Recreation Center. Practices will be scheduled for Monday-Thursday at various times starting at 5:15 pm beginning the week of August 27. Games will be on Saturdays.

Age: 5 - 7 years (K - 2nd grade)
 Dates: September 8 - October 27
 Location: Falcon Park Recreation Center Turf
 Min/Max: 60/150
 Prog # Day Time Fee
 5046-9 Sat 9:00 am-2:00 pm \$160 R/\$240 NR

Bantams Min/Max: 15/22
 Dates: April 19 - June 17
 Birthdate: 9/01/02 - 8/31/04
 Prog # Day Time Fee
 4120-1 Su/Th 12:00-1:30 pm \$230 R/\$330 NR
 6:00-7:30 pm

Lightning Min/Max: 15/44
 Dates: April 10 - June 17
 Birthdate: 9/01/00 - 8/31/02
 Prog # Day Time Fee
 4121-1 Su/T/Th 12:00-1:30 pm \$275 R/\$375 NR
 6:00-7:30 pm

Juniors Min/Max: 15/66
 Dates: April 10 - June 17
 Birthdate: 9/01/98 - 8/31/00
 Prog # Day Time Fee
 4122-1 Su/T/Th 1:30-3:00 pm \$275 R/\$375 NR
 6:00-7:30 pm

Seniors Min/Max: 15/44
 Dates: April 10 - June 17
 Birthdate: 9/01/96 - 8/31/98
 Prog # Day Time Fee
 4123-1 Su/T/Th 1:30-3:00 pm \$275 R/\$375 NR
 6:00-7:30 pm

COMMUNITY SKATE PARK

Hours of Operation

Monday - Saturday
 9:00 am - 9:00 pm

Sunday
 12:00 pm - 9:00 pm

Tuesday, Thursday, Saturday
 9:00 am - 2:00 pm

Beginners Only (under 12 years old)

Skate Park rules and closing dates are posted at the site and are available online at www.palatineparks.org - Parks & Facilities (Skate Park).

COACHES WANTED!

No experience necessary, but all coaches must complete a Lacrosse America training course. You will be provided with all necessary equipment, practice plans, and support. Details at www.lacrosseamerica.com.

Team MSL Spring Break Basketball Camp

Team MSL comes to Palatine with fundamental and advanced training in all aspects of the game of basketball. Team MSL instructors will deliver expert advice to enhance basketball skills such as shooting, passing, dribbling, and conditioning. This camp includes instruction as well as structured games.

Dates: March 26 - 29 (4 days)
 Location: Falcon Park Recreation Center Gym
 Min/Max: 15/50
 Fee: \$119 R/\$179 NR

Age: 1st - 4th grades
 Prog # Day Time
 4104-1 Mon-Thur 1:30-4:30 pm

Age: 5th - 8th grades
 Prog # Day Time
 4105-1 Mon-Thur 1:30-4:30 pm



Team MSL Basketball Clinic 3rd-8th Grades

The philosophy of this clinic is to introduce the fundamentals of basketball. Skills will be taught through drills, group games, and actual game situations. Palatine High School coaches and players will instruct this exciting clinic.

Dates: April 11 - May 9 (5 weeks)
 Location: Palatine High School Gym
 Min/Max: 15/75

Age: 3rd - 5th grades
 Prog # Day Time Fee
 4101-1 Wed 7:00-8:00 pm \$40 R/\$60 NR

Age: 6th - 8th grades
 Prog # Day Time Fee
 4102-1 Wed 8:00-9:00 pm \$40 R/\$60 NR

First Touch Technical Academy **NEW!**

Want to have a good first touch with the soccer ball and be able to play more precisely at game speed? Learn the skills that are world renowned. This class is an extension of what Palatine Celtic has been doing with the travel team training each year. Now experience quality skills training right here in your own community. Player Development Academy t-shirts will be issued to each participant. Players are asked to wear black shorts and socks. All players should have their own proper footwear, shin guards, soccer ball, and water bottle.



Dates: April 13 - May 18 (6 weeks)
 Location: Falcon Park Recreation Center Turf
 Min/Max: 10/50

Age: 7 - 8 years
 Prog # Day Time Fee
 4128-1 Fri 4:30-5:30 pm \$70 R/\$105 NR

Age: 9 - 11 years
 Prog # Day Time Fee
 4129-1 Fri 6:30-7:30 pm \$70 R/\$105 NR

Age: 12 - 14 years
 Prog # Day Time Fee
 4130-1 Fri 5:30-6:30 pm \$70 R/\$105 NR

Girls Basketball Clinic

Join Palatine High School varsity girls basketball coach for a clinic focusing on shooting or fundamentals taught through drills and games.

Age: 1st - 8th grades Min/Max: 10/75
 Dates: April 3 - April 24 (4 weeks)
 Location: Falcon Park Recreation Center Gym
 Prog # Day Time Fee
 4107-1 Tue 6:00-7:00 pm \$40 R/\$60 NR

Goal Scoring Academy **NEW!**

Players will spend the majority of this class working on technical aspects of ball striking to help benefit scoring opportunities. A Palatine Celtic Staff Coach will teach proper techniques through activities and games that will inspire players to score great goals. Player Development Academy t-shirts will be issued to each participant. Players are asked to wear black shorts and socks. All players should have their own proper footwear, shin guards, soccer ball, and water bottle.

Dates: April 13 - May 18 (6 weeks)
 Location: Falcon Park Recreation Center Turf
 Min/Max: 10/50

Age: 7 - 8 years
 Prog # Day Time Fee
 4131-1 Fri 4:30-5:30 pm \$70 R/\$105 NR

Age: 9 - 11 years
 Prog # Day Time Fee
 4132-1 Fri 5:30-6:30 pm \$70 R/\$105 NR

Age: 12 - 14 years
 Prog # Day Time Fee
 4133-1 Fri 6:30-7:30 pm \$70 R/\$105 NR

Youth Inline Hockey House Leagues

This league is for individual players only. A youth house league is a way to encourage new players to enter the sport. House league has many benefits: skill levels are balanced, competitive games, and all players of different skill levels can participate.

The first night will be an evaluation in which individuals will be required to come to the rink for an evaluation session. This will help us determine which team the player will be on, in order to produce the most balanced league we can form. Only individual may sign up for the draft leagues — no teams allowed. Each player will receive a team jersey. Equipment required: skates, helmet with full face protection, mouth guards, gloves, elbow pads, shin guards, and a stick.

Instructor: Marc Costanza Min/Max: 5/10
 Location: Salt Creek Sports Center
 647 Consumer Avenue, Palatine

Age: 7 - 10 years
 Dates: March 10 - May 12 (10 weeks)
 Prog # Day Time Fee
 4108-1 Sat 10:00-11:00 am \$80 R/\$120 NR

Age: 11 - 14 years
 Dates: March 10 - May 12 (10 weeks)
 Prog # Day Time Fee
 4109-1 Sat 11:15-12:15 pm \$80 R/\$120 NR

Learn to Inline Skate

Learn the basics of inline skating. Learn the proper skating technique and how to properly fall. You must wear the proper equipment. Skates, wrist guards, knee pads, elbow pads, helmet are required.

Age: 4 - 8 years Min/Max: 10/30
Instructor: Staff
Location: Salt Creek Sports Center
647 Consumer Avenue, Palatine

Dates: March 9 - April 13 (6 weeks)
Prog # Day Time Fee
4112-1 Fri 6:30-7:15 pm \$50 R/\$75 NR

Dates: May 4 - June 15 (6 weeks)
no class 5/25
Prog # Day Time Fee
4113-1 Fri 6:30-7:15 pm \$50 R/\$75 NR

Learn to Play Inline Hockey

Learn to Play Inline Hockey is an instructional program designed for the beginner player, ages 4 thru 10. This program will assist in the development of the necessary roller hockey skills of play at a competitive level through a series of skills and drills coupled with controlled scrimmages. Your player will be taught the basic skills such as skating, shooting, stick handling, and passing. Scrimmages will be controlled to instruct your player on positioning, offensive and defensive strategies. Equipment required: skates, helmet with full face protection, mouth guards, gloves, elbow pads, shin guards, and a stick.

Age: 4 - 10 years Min/Max: 10/30
Instructor: Marc Costanza
Location: Salt Creek Sports Center
647 Consumer Avenue, Palatine

Dates: March 12 - April 23 (6 weeks)
no class 4/9
Prog # Day Time Fee
4114-1 Mon 5:15-6:00 pm \$50 R/\$75 NR

Dates: May 14 - June 25 (6 weeks)
no class 5/28
Fee: \$50 R/\$75 NR
Prog # Day Time
4115-1 Mon 5:15-6:00 pm

Learn to Play Floor Hockey

Developmental program for the beginner player. Skills and drills coupled with controlled scrimmages will be taught. Basic skills such as shooting, stick handling, and passing are taught. Scrimmages will be controlled in order to instruct your player on positioning and offensive and defensive strategies.

Age: 4 - 6 years Min/Max: 10/30
Instructor: Marc Costanza
Location: Salt Creek Sports Center
647 Consumer Avenue, Palatine

Dates: March 12 - April 23 (6 weeks)
no class 4/9
Prog # Day Time Fee
4103-1 Mon 4:15-5:00 pm \$50 R/\$75 NR

Dates: May 14 - June 25 (6 weeks)
no class 5/28
Prog # Day Time Fee
4106-1 Mon 4:15-5:00 pm \$50 R/\$75 NR

Spring Break Inline Hockey Camp

Dryland workouts, power skate, stick handling, positioning, and team building will be covered in this camp. Equipment required: helmet, skates, elbow pads, shin guards, gloves, mouth guards, and a stick. Camp will culminate in a 3 on 3 tournament on Friday.

Age: 10 - 15 years Min/Max: 10/30
Dates: March 26, 28, 30
Instructor: Marc Costanza
Location: Salt Creek Sports Center
647 Consumer Avenue, Palatine
Prog # Day Time Fee
4116-1 M/W/F 1:00-3:00 pm \$60 R/\$90 NR

Between The Pipes Goalie

Learn the proper fundamental approach and the techniques that will allow you to maximize your goal-tending talent and ability. We combine our knowledge with a fun and a positive learning environment to help goalies improve instantly!

Instructor: Marc Costanza Min/Max: 10/30
Location: Salt Creek Sports Center
647 Consumer Avenue, Palatine

Dates: March 12 - April 23 (6 weeks)
no class 4/9
Age: 8 - 11 years
Prog # Day Time Fee
4100-1 Mon 5:00-6:00 pm \$60 R/\$90 NR

Age: 12 - 15 years
Prog # Day Time Fee
4125-1 Mon 6:00-7:00 pm \$60 R/\$90 NR

Dates: May 14 - June 25 (6 weeks)
no class 5/28
Age: 8 - 11 years
Prog # Day Time Fee
4126-1 Mon 5:00-6:00 pm \$60 R/\$90 NR

Age: 12 - 15 years
Prog # Day Time Fee
4127-1 Mon 6:00-7:00 pm \$60 R/\$90 NR

Fencing

Fencing class offers students a basic understanding of attack and defense of fencing. Students will learn basic moves and strategies that create a solid foundation for developing their fencing game. Each class will have conditioning, drilling, and bouting (actual fencing). All equipment provided. This program is designed for all fitness levels.

Dates: April 11 - May 16 (6 weeks)
Location: Rolling Meadows Park District
3705 Pheasant Drive, Rolling Meadows
Min/Max: 6/18

Age: 8 - 13 years
Prog # Day Time Fee
4596-1 Wed 6:30-7:30 pm \$42 R/\$63 NR

Age: 14 years & over
Prog # Day Time Fee
4593-1 Wed 7:30-8:30 pm \$42 R/\$63 NR

Having trouble registering online?
Call 847-496-6223.

Con preguntas de los programas del Park District, llame 847-202-5111 y alguien devolverá su llamada dentro de 24 horas.

Men's Open Soccer League

Teams play 8 regular season games with the top four teams competing in the playoffs. All games are 7 on 7. Completed registration form, roster, and fee are due at time of registration. Mandatory captain's meeting is Thursday, March 29 at 9:30 pm.

Registration deadline March 26

Age: 18 years & over
 Dates: April 5 - May 18* (7 weeks)
 plus playoffs (top 4 teams)
 Location: Falcon Park Recreation Center Turf
 Min/Max: 4/10 teams

Prog #	Day	Time	Fee per Team
5107-1	Thur	9:30-11:30 pm	\$575 R/\$650 NR
	Fri	8:30-11:30 pm	

*Games on 5/3 will be played at 10:00 pm & 11:00 pm.



Men's 30 & Over Soccer League

This league is open to men 30 years and over of all skill levels. Completed registration form, roster, and fee are due at time of registration.

Mandatory captain's meeting is Thursday, March 29 at 9:00 pm.

Registration deadline March 28

Age: 30 years & over
 Dates: April 4 - May 23 (8 weeks)
 plus playoffs (top 4 teams)
 Location: Falcon Park Recreation Center Turf
 Min/Max: 4/6 teams

Prog #	Day	Time	Fee per Team
5103-1	Wed	9:00 pm-12:00 am	\$650 R/\$725 NR

Adult Co-ed Soccer League

This is an open indoor league for adults 18 years and over who are looking to enjoy the game of soccer during the spring months. Completed registration form, roster, and fee are due at time of registration. Mandatory captain's meeting is Sunday, March 25 at 7:00 pm.

Registration deadline March 23

Age: 18 years & over
 Dates: April 1 - May 20 (7 weeks) *no games 4/8*
 plus playoffs (top 4 teams)
 Location: Falcon Park Recreation Center Turf
 Min/Max: 4/6 teams

Prog #	Day	Time	Fee per Team
5104-1	Sun	7:00-10:00 pm	\$575 R/\$650 NR

Recreational Soccer

Games are full turf 7 on 7 with keeper. Teams play for 7 minutes or until a team scores.

Age: High School & over
 Dates: April 3 - June 5 (10 weeks)
 Location: Falcon Park Recreation Center Turf
 Max: 28 per day

Prog #	Day	Time	Fee*
5105-1	Tue	8:30-10:00 pm	\$30 R/\$35 NR

*Daily Fee: \$7 with PPD ID/\$10 without PPD ID

Recreational Basketball

Join other basketball players for this informal drop in program. This program will reach its daily maximum on a first-come, first-serve basis. Games are to 11 and winner stays on.

Age: High School & over
 Dates: April 7 - June 30 (12 weeks)
no games 5/5

Day/Times: Saturday/5:00-6:30 pm
 Location: Falcon Park Recreation Center Gym
 Fee: \$5 with current PPD ID/\$7 without current PPD ID

3 on 3 Basketball Tourney

Games will be 15 minute running clock halves. A double elimination tournament will be played. Completed registration form, roster, and fee are due at time of registration.

Registration deadline June 1

Age: 18 years & over
 Date: June 23
 Location: Falcon Park Recreation Center Gym
 Min/Max: 4/8 teams

Prog #	Day	Time	Fee per team
5109-1	Sat	Games start at 9:00 am	\$40 R/\$60 NR



Adult Indoor Flag Football League

Games will be 8 on 8 with 25 minute running clock halves. Men and women welcome. Completed registration form, roster, and fee are due at time of registration. Mandatory captain's meeting is Monday, March 26 at 8:00 pm.

Registration deadline March 25

Age: 18 years & over
 Dates: April 2 - May 21 (8 weeks)
 plus playoffs
 Location: Falcon Park Recreation Center Turf
 Min/Max: 4/6 teams

Prog #	Day	Time	Fee per Team
5110-1	Mon	Games start at 8:00 pm	\$875 R/\$950 NR

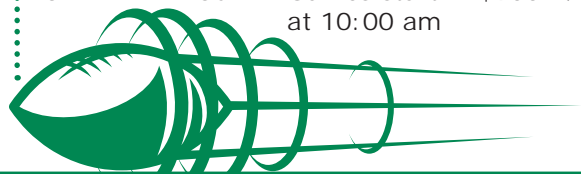
Men's Outdoor Flag Football League

Games will be 8 on 8 with 25 minute running clock halves. Completed registration form, roster, and fee are due at time of registration. Mandatory captain's meeting is Sunday, April 8 at noon.

Registration deadline March 25

Age: 18 years & over
 Dates: April 15 - May 20 (6 weeks)
 plus playoffs
 Location: Falcon Outdoor Field
 Min/Max: 4/8 teams

Prog #	Day	Time	Fee per Team
5111-1	Sun	Games start at 10:00 am	\$900 R/\$975 NR



If you have any questions on leagues or are looking to sign up as an individual please contact Louis DeAvila at 847-496-6306 or Ideavila@palatineparks.org.



Kids Day Out at Falcon

Looking for something to do when school is not in session? Come join us at Falcon Park on the following days and have some fun with us. Each day will have different activities such as soccer shoot out competitions, basketball knock out games, arts and crafts, floor hockey games, and much more.

Age:	7 - 14 years	Min/Max:	10/30
Day/Date:	Monday, February 20	Prog #:	7502-4
	Tuesday, February 21	Prog #:	7503-4
	Monday, March 26	Prog #:	7504-4
	Tuesday March 27	Prog #:	7505-4
	Wednesday, March 28	Prog #:	7506-4
	Thursday, March 29	Prog #:	7507-4
	Friday, March 30	Prog #:	7508-4
Time:	2:00 - 4:00 pm		
Location:	Falcon Park Recreation Center		
Fee:	\$5 pre-registered (by 7:00 pm the day prior to the program date) \$8 day of program		

Space is limited. Register early!

Adult Co-ed Volleyball League

Competitive and recreational divisions will be offered. The competitive level is for those teams who understand the game and would like to compete at a higher level. The recreational division is for those teams looking to just get out and have a fun relaxed game. Completed registration form, roster, and fee are due at time of registration. Mandatory captain's meeting is Friday, April 6 at 7:00 pm.

Registration deadline March 30

Age:	18 years & over		
Dates:	April 13 - May 18 (6 weeks) plus playoffs		
Location:	Falcon Park Recreation Center Gym		
Min/Max:	4/6 teams per division		
Division:	Competitive A	Prog #:	5101-1
	Competitive B	Prog #:	5106-1
	Recreational	Prog #:	5102-1
Day	Time	Fee per team	
Fri	7:00-10:00 pm	\$225 R/\$300 NR	

Volleyball For Active Adults

This program is for those 50 years and up who want to come indoors to play volleyball. Come on in and have some fun!

Age:	50 years & over	Min/Max:	5/75
Dates:	October 11 - April 27 (29 weeks)		
Location:	Community Center Gym		
Prog #	Day	Time	Fee
4124-3	T/F	9:30-11:30 am	\$35 R/\$53 NR

Recreational Volleyball

Join other volleyball players in this informal drop-in program. This popular program fills up each night and the maximum is reached on a first-come, first-served basis.

Age:	Adult (18 years & over)
Fee:	\$5 with current PPD ID/ \$7 without current PPD ID

Dates:	February 16 - April 5
Day/Time:	Thursday/7:00-10:00 pm
Location:	Community Center Gym

Dates:	February 19 - May 27
Day/Time:	Sunday/4:30-8:00 pm
Location:	Falcon Park Recreation Center Gym



50 and Over Bocce Ball League

Players will be assigned to a new partner for two person teams each week. Players will take down their scores each week and turn them in to the coordinator. The player with the best individual score at the end of 8 weeks will win free registration for the next session of Bocce.

Registration deadline March 12

Age:	50 years & over	Min/Max:	4/24
Dates:	March 20 - May 8 (8 weeks)		
Location:	Falcon Park Recreation Center Turf		
Prog #	Day	Time	Fee
5100-1	Tue	8:30-10:30 am	\$48 R/\$72 NR

Pickleball for the 50+ Crowd

Learn the fastest growing racket sport in America. Pickleball combines tennis, badminton, and ping pong for a fun game. Pickleball is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffle ball) and composite paddles. The game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. All equipment is provided. Please contact Dana Joseph at 847-404-3174 or email dsj2@comcast.net with questions.

Visit www.pickleballcoach.com or www.youtube.com to watch videos of play.

Age:	50 years & over		
Dates:	April 9 - June 8 <i>no pickleball 5/28, 6/1</i>		
Location:	Falcon Park Recreation Center		
Fee:	First 3 visits are FREE; \$5 R/\$7 NR (must purchase in packages of 3)		
Prog #	Day	Time	
4117-1	Mon/Fri	9:00 am-12:00 pm	

Punch card will be given at first class attended.

Girls Spring Lacrosse Leagues

Be part of a youth lacrosse league exclusively for girls from Chicago, the north, northwest, west, and south suburbs. The emphasis of this program is to develop the girl within the sport of lacrosse. The goals of the program are to understand the rules of lacrosse, active teamwork, sportsmanship, and foster personal development in a respectful environment led by positive coaching. All players will receive equal playing time. Practices are 1.5 hours and games will be played on Sunday afternoons.

Dates:	April 15 - June 10 (9 weeks)		
Instructor:	Illinois Girls Lacrosse Association Staff		
Min/Max:	10/75		
Fee:	\$170 R/\$255 NR (team jersey included)		
Level 1:	3rd - 4th grade	Prog #:	5114-1
Level 2:	5th - 6th grade	Prog #:	5115-1
Level 3:	7th - 8th grade	Prog #:	5116-1
Fee:	\$170 R/\$255 NR (team jersey included) additional \$80 paid to Illinois Girls Lacrosse		
Level 4*:	7th - 8th grade	Prog #:	5117-1

*This level is for the experienced 7th/8th grade players who meet IGLA qualifications. There are 2 practices per week. Visit igla.org for the list of qualifications, registration, and your closest level 4 option.

Each player must have goggles, a stick, and a mouth guard for practices and games. Visit www.igla.org for general equipment information and recommendations. Equipment packages are available for purchase under our tab: *Get Ready To Play; Equipment* link at www.igla.org.

All practice location specifics can be found at www.igla.org under "Outdoor Spring/Fall Leagues". Game schedule will be posted by April 24.

Archery

Join Ken Walther, National Archery Association Level II Regional High Performance Coach, to learn the exciting sport of archery. The instructor will follow the National Archery Association Junior Olympic Development program. This includes safety, shooting, and equipment. Parents are encouraged to register and participate with their child. All equipment for this program will be provided; however, you may use your own equipment with the approval of the instructor.

Age:	8 years & over	Min/Max:	7/20
Instructor:	Ken Walther		
Location:	Birchwood Gym		
Fee:	\$40 R/\$60 NR		
Dates:	April 9 - April 30 (4 weeks)		
Prog #	Day	Time	Level
4580-1	Mon	6:00-7:00 pm	Beginning
4581-1	Mon	7:00-8:00 pm	Intermediate*
4582-1	Mon	8:00-9:00 pm	Intermediate II*
Dates:	May 7 - June 4 (4 weeks) <i>no class 5/28</i>		
Prog #	Day	Time	Level
4584-1	Mon	6:00-7:00 pm	Beginning
4585-1	Mon	7:00-8:00 pm	Intermediate*
4586-1	Mon	8:00-9:00 pm	Intermediate II*

*Must have taken previous level or have instructor's permission.

Girls Lacrosse Summer Camp

Our highly skilled and experienced coaches are made up of women with high school, collegiate, and post collegiate playing experience, current college athletes, and current varsity high school athletes.

Age:	3rd - 9th grades		
Dates:	June 18 - June 22 (1 week)		
Instructor:	Illinois Girls Lacrosse Association Staff		
Location:	Ron Beese Park 50 Rotary Drive, Barrington		
Min/Max:	10/50		

Beginners

Staff will teach players the building blocks of girl's lacrosse: Fundamentals! Girls will learn the skills of the game in a fun, fast-paced, and dynamic environment with drills and games. There is also opportunity for more advanced skill development such as offensive and defensive positioning and simulated game play.

Prog #	Day	Time	Fee
4110-1	M-F	10:00 am-12:00 pm	\$140 R/\$210 NR

Experienced

Staff will work with the experienced player to fine tune skills, correct positioning, and learn advanced techniques for improving her game. With small group instruction, there will be much opportunity for one-on-one personal expertise sharing. Experienced players will engage in game play with instruction — all in a fast paced and dynamic environment.

Prog #	Day	Time	Fee
4111-1	M-F	10:00 am-12:00 pm	\$140 R/\$210 NR

Speed, Agility, Quickness, and Jump Training

It's time to get quicker, faster, stronger, and more explosive! *TEAM-SPEED* is a specially designed workout class that utilizes plyometric exercises to increase an athlete's speed, agility, quickness, and jumping ability. This is the same workout used to train 2004 Olympic Beach Volleyball Gold Medalists, Kerri Walsh and Misty May. In addition to training Olympic champions, our workout has been used to train numerous NBA players, college competitors, championship high school athletic teams, and over 1,000 Chicago-area athletes looking for that extra edge (20,000 nationwide). The *TEAM-SPEED* workout guarantees to drastically change the explosiveness of every athlete.

Age:	10 - 25 years		
Dates:	April 2 - June 4 (9 weeks) <i>no class 5/28</i>		
Instructor:	Ray Glassman		
Location:	Community Center Gym		
Min/Max:	1/15		
Prog #	Day	Time	Fee
4594-1	M/W	4:30-5:30 pm	\$149 R/\$224 NR



Have you MOVED?

Download a Registration Address Change Form at www.palatineparks.org/forms.html. Return the completed form with all names in household to the Community Center, Birchwood Recreation Center, or Falcon Park Recreation Center.

Roller Skating - Beginner Class

Learn the sport of roller skating in six jam packed weeks of fun. All the basics will be covered, from learning to stand, beginning turns, edges, skating forwards and backwards, and that ever popular stopping skill. New skills are taught each week and practice is encouraged. Our experienced teachers use proven techniques to get both parents and children rolling quickly. Class fee includes rental of roller skates or inline skates, weekly practice time, free skate passes to sessions and incentives to master the basic skills. Parents and children can take the class together. For more details call 847-394-9199 or visit www.OrbitSkate.net. Wrist guards are encouraged and available in the pro shop.

Age: 18 months - 80 years
 Dates: April 21 - May 26 (6 weeks)
 Instructor: Roger Wampach
 Location: Orbit Skate Center
 615 Consumers Drive, Palatine
 Min/Max: 1/25
 Prog # Day Time Fee
 4119-1 Sat 12:00-1:00 pm \$65 R/\$98 NR

Team Skateboard Lessons

This class is for beginners and intermediate skaters. Participants must bring something to drink, a skateboard, helmet, and knee, elbow, and wrist guards are strongly encouraged. Beginners will learn how to start, stop, drop in, ollies, basic ramp riding, balance, and tricks. Intermediate riders are taught skills and tricks based on their abilities. Fa Skateboards in Mount Prospect has correct equipment for this class. Questions about equipment please email Frank at fpteamskateboard@yahoo.com.

Instructor: Frank Pope Min/Max: 5/25
 Location: Skate Park
 Dates: April 1 - April 29 (4 weeks)
no class 4/8
 Age: 5 - 7 years
 Prog # Day Time Fee
 4362-1 Sun 11:30 am-12:30 pm \$50 R/\$75 NR
 Age: 8 - 13 years
 Prog # Day Time Fee
 4363-1 Sun 12:30-2:30 pm \$100 R/\$150 NR
 Dates: May 13 - June 10 (4 weeks)
no class 5/27
 Age: 5 - 7 years
 Prog # Day Time Fee
 4364-1 Sun 11:30 am-12:30 pm \$50 R/\$75 NR
 Age: 8 - 13 years
 Prog # Day Time Fee
 4365-1 Sun 12:30-2:30 pm \$100 R/\$150 NR



Spring Junior Tennis Camp

This program offers professional instruction and gives students the opportunity to progress in tennis at a much faster rate than in the regular tennis setting. All aspects of the game are covered: stroke production, singles and doubles strategy, conditioning, and sportsmanship. Junior Tennis Camp I is designed for Beginners (NTRP 1.0) to Intermediate (NTRP 2.4), ages 8-12. Junior Tennis Camp II is designed for Intermediate (NTRP 2.5) to Intermediate (NTRP 3.4 and above), ages 10-17. Tournament Training is designed for Intermediate (NTRP 3.5) to Advanced (NTRP 5.0 and above).

Dates: April 14 - June 2 (7 weeks)
 Instructor: Frank Sacks USPTA/PTR and staff
 Location: Eagle Park Tennis Courts
 Fee: \$196 R/\$294 NR
 Min/Max: 5/12

Junior Camp I-II

Prog #	Day	Time	Age
4300-1	Sat	1:00-3:00 pm	8 years +

Junior Camp I-II

Prog #	Day	Time	Age
4301-1	Sat	1:00-3:00 pm	10 years +

H.S. Team Training & Tournament Training

Prog #	Day	Time	Age
4302-1	Sat	3:00-5:00 pm	12 years +

Parent & Tot Tennis Lessons

This program is for parents with children ages 3-5 and focuses on the fun and fundamentals of tennis. Our program helps children learn gross motor skills, fine motor skills, and tennis skills. Parents learn the necessary fundamental exercises to help guide their child towards tennis success. This program is a winner for both parent and child.

Age: 3 - 5 years with parent*
 Min/Max: 5/16

Dates: April 14 - June 2 (7 weeks)
 Location: Eagle Park Tennis Courts
 Prog # Day Time Fee
 4332-1 Sat 10:00-11:00 am \$99 R/\$149 NR

Dates: April 17 - May 29 (7 weeks)
 Location: Birchwood Park Tennis Courts
 Prog # Day Time Fee
 4333-1 Tue 3:45-4:30 pm \$99 R/\$149 NR

*Register child's name only.



DON'T WAIT to register!

If a program does not reach its minimum 7 days prior to the starting date of class, it may be cancelled.

Youth Quick Start Tennis

Location: Palatine Hills Tennis Courts
Min/Max: 5/12

Length: 6 weeks
Fee: \$90 R/\$135 NR

Prog #	Dates	Day	Time	Level/Age
4303-1	4/16-5/21	Mon	3:45-4:30 pm	Pee Wee/4-6 yrs
4304-1	4/16-5/21	Mon	4:30-5:30 pm	Beg./7-9 yrs
4305-1	4/16-5/21	Mon	5:30-6:30 pm	Beg.-Adv. Beg./10 yrs+

Length: 7 weeks
Fee: \$104 R/\$156 NR

Prog #	Dates	Day	Time	Level/Age
4306-1	4/18-5/30	Wed	3:45-4:30 pm	Pee Wee/4-6 yrs
4307-1	4/18-5/30	Wed	4:30-5:30 pm	Beg.-Adv. Beg./7-9 yrs
4308-1	4/18-5/30	Wed	5:30-6:30 pm	Adv. Beg.-Int./10-17 yrs

Location: Birchwood Tennis Courts
Length: 7 weeks

Min/Max: 5/12
Fee: \$104 R/\$156 NR

Prog #	Dates	Day	Time	Level/Age
4309-1	4/17-5/29	Tue	3:45-4:30 pm	Parent & Child/3-4 yrs
4310-1	4/17-5/29	Tue	3:45-4:30 pm	Pee Wee/4-6 yrs
4311-1	4/17-5/29	Tue	4:30-5:30 pm	Beg./7-9 yrs
4312-1	4/17-5/29	Tue	5:30-6:30 pm	Beg.-Adv. Beg./10 yrs+
4313-1	4/19-5/31	Thur	3:45-4:30 pm	Pee Wee/4-6 yrs
4314-1	4/19-5/31	Thur	4:30-5:30 pm	Beg.-Adv. Beg./7-9 yrs
4315-1	4/19-5/31	Thur	5:30-6:30 pm	Adv. Beg.-Int./10-17 yrs

Location: Eagle Park Tennis Courts
Length: 7 weeks

Min/Max: 5/12
Fee: \$104 R/\$156 NR

Prog #	Dates	Day	Time	Level/Age
4316-1	4/21-6/2	Sat	10:00-11:00 am	Parent & Child/3-4 yrs
4317-1	4/21-6/2	Sat	10:00-11:00 am	Pee Wee/4-6 yrs
4318-1	4/21-6/2	Sat	11:00-12:00 pm	Beg./7-9 yrs
4319-1	4/21-6/2	Sat	12:00-1:00 pm	Beg.-Adv. Beg./10 yrs+
4320-1	4/21-6/2	Sat	12:00-1:00 pm	Adv. Beg.-Int./12 yrs+

Youth Jr. Tennis Camps

This popular program now in its 31st year offers professional instruction and gives students the opportunity to progress at a much faster rate than in the regular lesson setting.

Dates: April 21 - June 2 (7 weeks)

Location: Eagle Park Tennis Courts

Fee: \$199 R/\$299 NR

Min/Max: 5/12

Prog #	Day	Time	Level/Age
4321-1	Sat	1:00-3:00 pm	Jr. Camp 1/8 yrs+
4322-1	Sat	1:00-3:00 pm	Jr. Camp 2/10 yrs+
4323-1	Sat	3:00-5:00 pm	Tournament Training/12 yrs+
4324-1	Sat	3:00-5:00 pm	H.S. Training/14 yrs+

Please bring a tennis racket, gym shoes, and water to all tennis programs. Tennis balls and instructional equipment will be provided.

Adult Quick Start Tennis

Age: 18 years & over

Location: Palatine Hills Tennis Courts
Min/Max: 5/12

Length: 6 weeks
Fee: \$131 R/\$197 NR

Prog #	Dates	Day	Time	Level
4325-1	4/16-5/21	Mon	6:30-8:00 pm	Beg.-Adv. Beg.
4326-1	4/16-5/21	Mon	8:00-9:30 pm	Int. 1-2

Length: 7 weeks
Fee: \$152 R/\$228 NR

Prog #	Dates	Day	Time	Level
4327-1	4/17-5/29	Tue	1:00-2:30 pm	Beg.-Adv. Beg.
4328-1	4/18-5/30	Wed	6:30-8:00 pm	Int. 2-3
4329-1	4/18-5/30	Wed	8:00-9:30 pm	Int. 4-Adv.
4330-1	4/21-6/2	Sat	9:00-10:30 am	Int. 2-3
4331-1	4/21-6/2	Sat	9:00-10:30 am	Int. 4-Adv.
4334-1	4/21-6/2	Sat	10:30-12:00 pm	Beg.-Adv. Beg.
4335-1	4/21-6/2	Sat	10:30-12:00 pm	Int. 1-2

Location: Birchwood Tennis Courts

Length: 7 weeks

Min/Max: 5/12
Fee: \$152 R/\$228 NR

Prog #	Dates	Day	Time	Level/Age
4336-1	4/19-5/31	Thur	9:30-11:00 am	Adv. Beg.-Int.
4337-1	4/19-5/31	Thur	11:00-12:30 pm	Int. 2-3

Private and Semi-Private Tennis Lessons

Private and Semi-Private tennis instruction is the ultimate way to improve your tennis skills and accelerate your game. Our experienced staff of USPTA/PTR tennis professionals are helpful, knowledgeable, caring, and are selected and trained by Frank Sacks. All participants must complete a registration form.

Age: 5 years & over

Location: Eagle, Birchwood, & Palatine Hills Tennis Courts

Private Instruction

Prog #	Lesson	Fee
4371-1	1-one hour lesson	\$55 R/\$83 NR
4372-1	5-one hour lessons	\$249 R/\$349 NR

Semi-Private Instruction - 2 participants

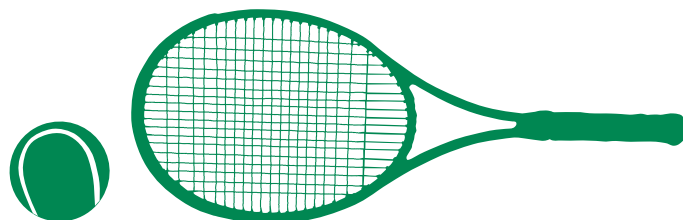
Prog #	Lesson	Fee
4373-1	1-one hour lesson	\$60 R/\$90 NR
4374-1	5-one hour lessons	\$275 R/\$375 NR

Semi-Private Instruction - 3 participants

Prog #	Lesson	Fee
4375-1	1-one hour lesson	\$66 R/\$99 NR
4376-1	5-one hour lessons	\$305 R/\$405 NR

Semi-Private Instruction - 4 participants

Prog #	Lesson	Fee
4377-1	1-one hour lesson	\$72 R/\$108 NR
4378-1	5-one hour lessons	\$335 R/\$435 NR



ADULT SOFTBALL

Adult Softball Leagues will consist of both round robin play and a season ending single elimination tournament. Prizes will be given to league and tournament winners. Completed registration form, roster, and fee are due at time of registration. See timeline for registration information.

Men's 12" Softball League

Dates: April 16 - August 6
no games 5/28, 7/2

Location: Community Park Fields 1 & 2

Min/Max: 6/16 teams - Division B & C

Prog #	Day	Time	Fee
4050-9 (B)	Mon	6:25 pm	\$675 R/\$750 NR
4051-9 (C)		7:30 pm	per team
		8:30 pm	
		9:30 pm	

Men's 16" Softball League

Dates: April 18 - August 8
no games 7/4

Location: Community Park Fields 1 & 2

Min/Max: 6/16 teams - Division B & C

Prog #	Day	Time	Fee
4052-9 (B)	Wed	6:25 pm	\$675 R/\$750 NR
4053-9 (C)		7:30 pm	per team
		8:30 pm	
		9:30 pm	

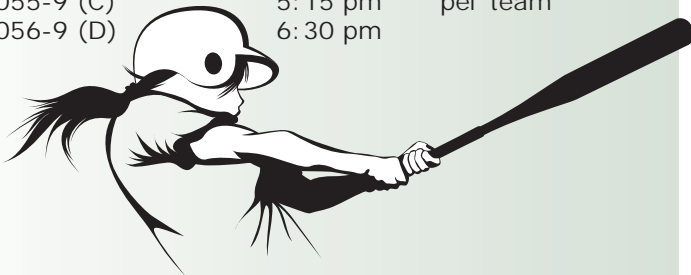
Co-Rec 14" Softball League

Dates: April 15 - August 12
no games 5/13, 5/27, 7/1


Location: Osage Park Fields 1, 2, & 3

Min/Max: 6/24 teams - Division B, C, & D

Prog #	Day	Time	Fee
4054-9 (B)	Sun	4:00 pm	\$475 R/\$550 NR
4055-9 (C)		5:15 pm	per team
4056-9 (D)		6:30 pm	



Returning Resident Team: A team with 60% of its players returning from the previous softball season and 75% of its players residing in the Palatine Park District; New Resident Team: A team with 75% of its players residing in the Palatine Park District; Returning Non-Resident Team: A team with 60% of its players returning from the previous season, and less than 75% residents of the Palatine Park District; New Non-Resident Team: A team with less than 60% of its players returning from the previous season, and less than 75% residents of the Palatine Park District.

 OnLine Registration is not available for this program.

SOFTBALL REGISTRATION TIMELINE

January 16 - 28	Returning Resident Team Registration
January 30 - February 11	New Resident Team Registration
February 13 - 25	Returning Non-Resident Team Registration
February 27	Open Registration Begins
March 31	Registration Deadline
April 4	Mandatory Captain's Meeting
6:30 pm	Men's 12" Softball League
7:00 pm	Men's 16" Softball League
7:30 pm	Co-Rec 14" Softball League

Week of April 16 Softball Leagues Begin

Captain's Meeting will be held at the Community Center, 250 E. Wood Street on Wednesday, April 4.

12" Softball League (Just 4 Moms)

This league is for any mom between the ages of 30-55 years. No try-outs, no drafting. This is for moms who want to have fun, meet new friends, and get a little workout. All games will be played at Twin Lakes Recreation Area. Returning team registration deadline is May 13; New team deadline is May 20 or until filled; Final registration deadline is May 27. T-shirts can be purchased for \$8.

Age: 30 - 55 years
 Dates: June 18 - August 23
 Location: Twin Lakes Recreation Area
 Min/Max: 6/16 teams

Prog #	Day	Time	Fee
4007-1	M/Th	5:45-7:30 pm	\$450 per team

Chicagoland Legends 12" Softball League

Chicagoland Legends Softball League is the area's premiere softball league for men 50 years and older. The season consists of a sixteen game regular season, a mid-season 4th of July Tournament, and a single elimination championship tournament. CLSL celebrates America's pastime by outfitting its players in uniforms of famous Minor League teams from around the country. Skilled players register for try-outs in the spring and drafted players will be placed on teams having openings.

Age: 50 years & over
 Dates: April 18 - August 8 (17 weeks)
 Location: Osage Park
 Min/Max: 60/112 players

Prog #	Day	Time	Fee
4057-9	Wed	6:00-8:00 pm	\$75 R/\$95 NR

